

# Item 3 Coventry & Warwickshire Health & Care Partnership

## Community Mental Health Transformation

2021/22 – 2023/24



Better **Health**, Better **Care**, Better **Value**  
COVENTRY AND WARWICKSHIRE



# Community Mental Health Transformation

- Substantial funding is being made available to transform and modernise Community Mental Health Services
- Aim – to deliver **NHS Long Term Plan** (LTP) ambitions for **new models of integrated primary and community care** for adults and older adults with severe and enduring mental illness, as close to home as possible
- LTP describes a “**new community-based offer** [that] will include access to **psychological therapies**, improved **physical health** care, **employment support**, **personalised** and **trauma informed care**, **medicines management** and support for **self-harm** and **coexisting substance use** ... and proactive work to **address racial disparities**.”
- Local new model being co-produced and developed to underpin bid for transformational funding – multi-sector team with leads from mental health, social care, VCSE and Lived Experience

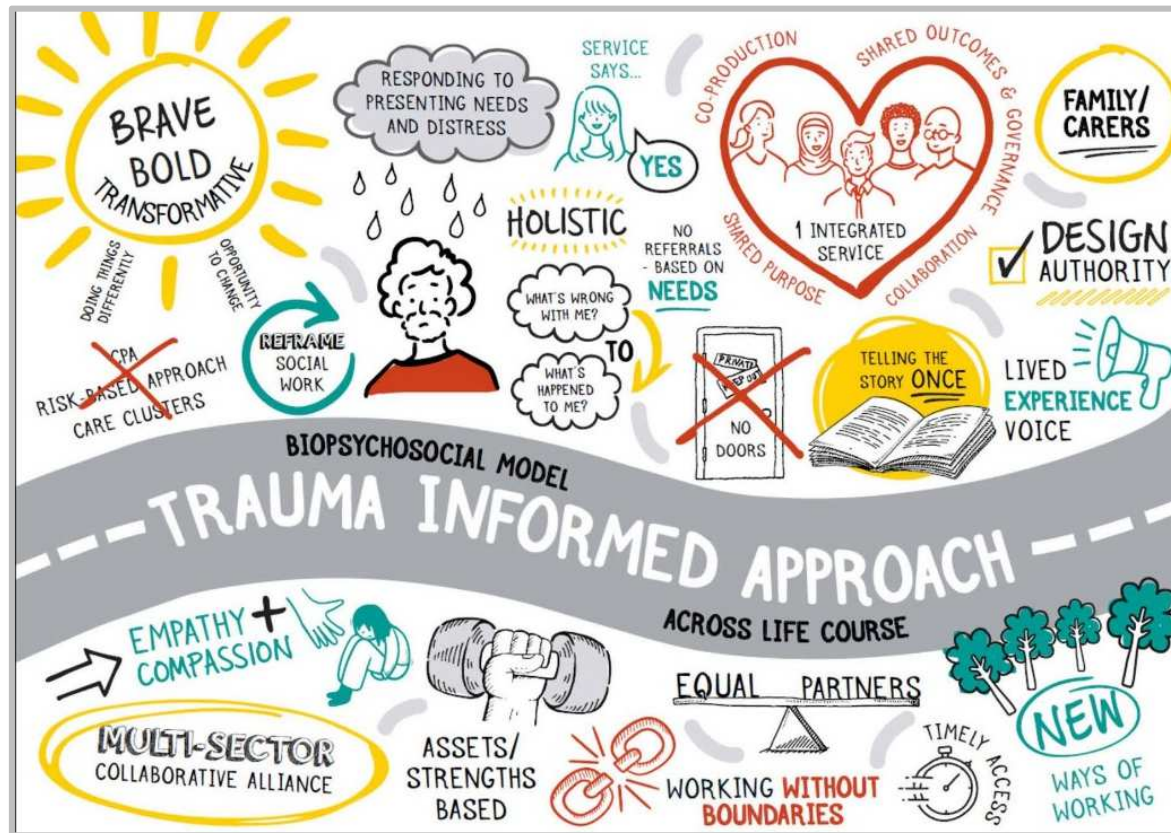
## Since November 2020 ... We Have Been Listening

- **Service users / Experts by Experience, carers and local communities**
- **Elected Members** across Coventry and Warwickshire
- **Primary Care Network** Clinical Directors (proposals shared and supported by PCN Clinical Directors across Coventry and South Warwickshire; PCN Clinical Directors meeting being arranged for Warwickshire North)
- **Directors of Adult Social Services** – using this as opportunity to strengthen existing S75 Agreement
- **Directors of Public Health & Housing**
- **Local VCSE organisations** about how to build community infrastructure
- **National VCSE organisations** about how to galvanise and implement change driven by Experts by Experience
- **Early Implementer sites** about what to do and what not to do
- **Exemplars of good practice** – e.g BSol around co-production

# Building On Transformation Across our Local Pathways

Enhancing Psychiatry Liaison/ CORE24	Safe Havens, Suicide Prevention & RTS	Expansion of Street Triage	MHIS Uplifts
MH Access Hubs	Locality Pathway Allocation	New MH Liaison Roles in Primary Care	S75 Agreement & Review
Community Based Alternatives to Crisis	HEE Peer Support Worker Initiative	Changing Futures EOI	Kings Fund VCSE Bid
MH Needs Assessment	Alliance Work with the VCSE	Health Inequalities	Housing

## Leading us to our design principles ...



Opportunity to be **brave** and **bold**

**No doors / easy access for people with SMI**

**Trauma informed** throughout

Based on **care** and **compassion**

Building on / up **community infrastructure**

Biopsychosocial model – addressing **mental health/physical health/socio-environment** issues

... and our vision for the future ...



***Connected care for connected communities***

**Integrated / proactive care across health, social care and VCSE**

***Co-designed by Experts by Experience***

**Aligned to place / local communities**

***VCSE innovation fund to develop new roles/ideas***

**Specialist mental health pathways**

***Peer Recovery Workers embedded in model***

**Increased access to psychological interventions**



## Additional Funding

- Additional investment into local community mental health – both as part of **Mental Health Investment Standard** into baseline funding and additional **transformation funding**

Year	CCG Baseline Funding	Transformation Funding
2021/22	£2.0m	£1.8m
2022/23	£4.0m	£4.5m
2023/24	£6.0m	£5.6m
2024/25	£6.0m	£0

- Excludes NHSE/I funding for Primary Care Additional Roles
- Proportion of funding to be used to support small, micro, grassroots, local community and user-led MH organisations, and to address inequalities
- Further funding of £800,000+ for 21/22 has been agreed

# Key Focus of the Proposals

- *SMI*
- *Core Offer*
  - Aligned to PCNs
  - Liaison workers/ARRS
  - Improved access and waiting times
  - Improving quality (improved access to psychological therapies)
  - Physical health in SMI
  - IPS
- *Focussed Pathways*
  - Personality Disorder
  - Community Rehab
  - Eating Disorders





**CWPT**

**Community Mental Health Transformation:  
Co-Production Strategy**

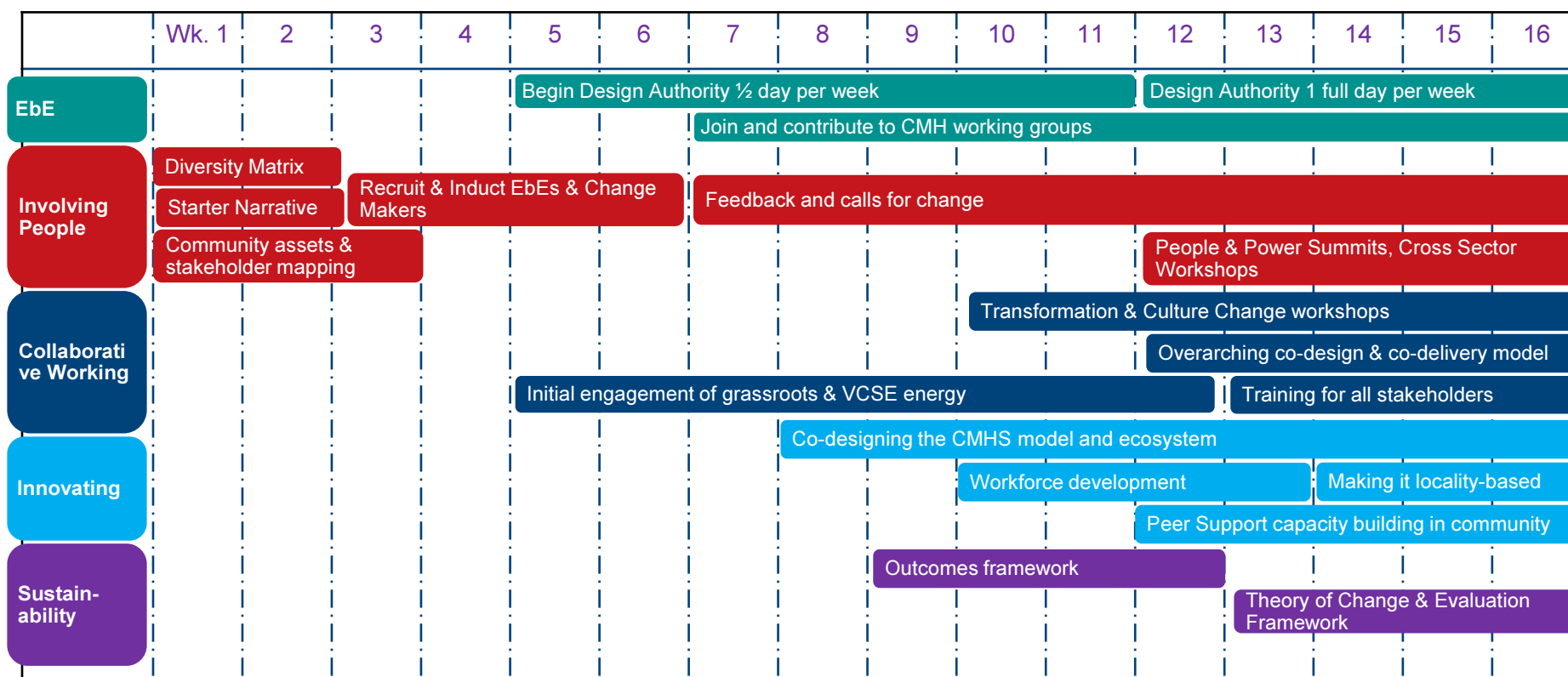


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# Project Plan – 1<sup>st</sup> four months

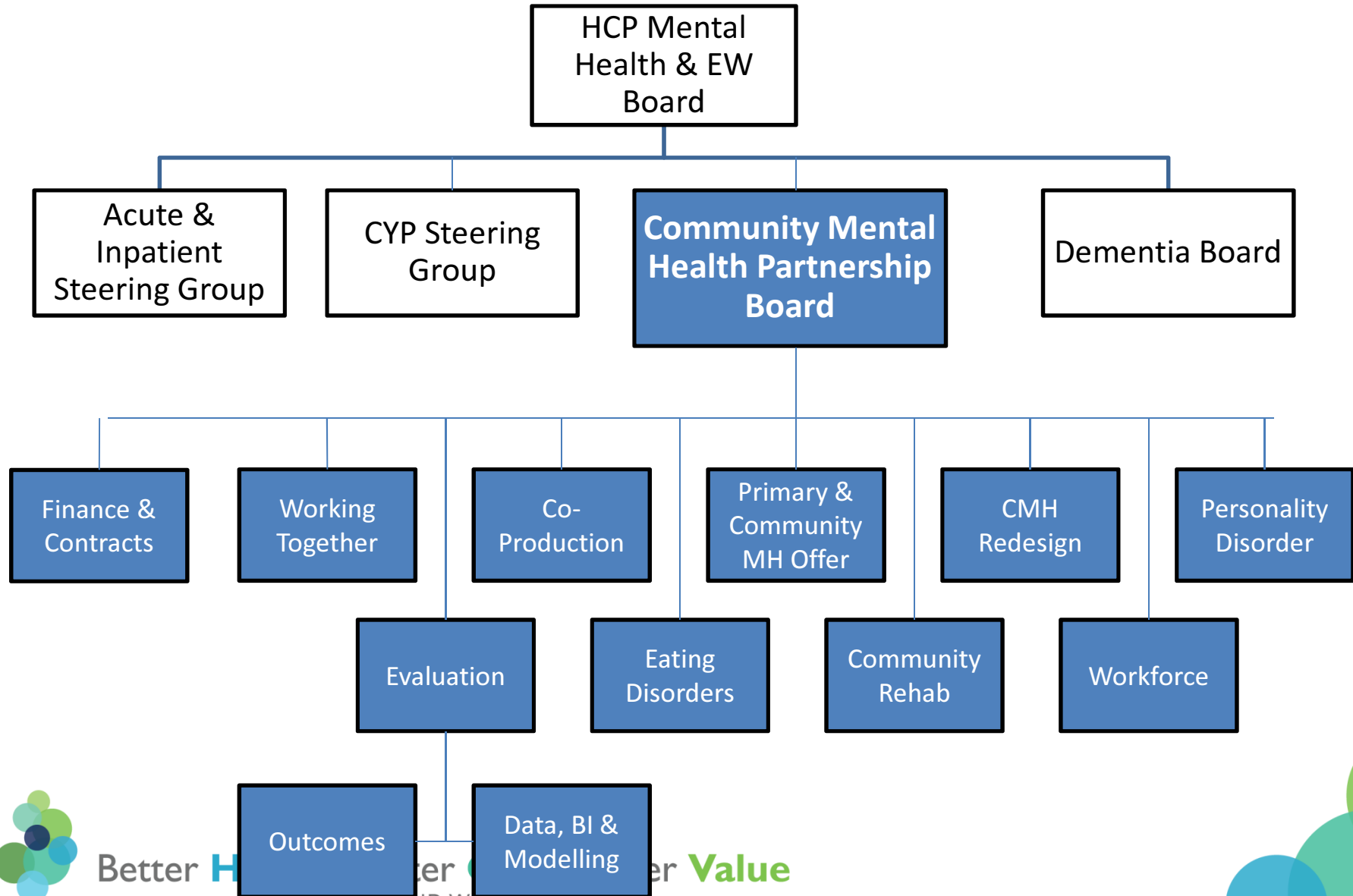


# What Else is Happening?

- *New locality access arrangements*
- *Co-production infrastructure in place*
- *Warwick Business School as a learning partner*
- *Evaluation of liaison workers and role out of ARRS*
- *Recruitment*
  - Peer Recovery workers
  - Liaison workers/ARRS
  - EbE role in PD pathway
- *Next steps*

# Community Mental Health Transformation

## Governance Structure



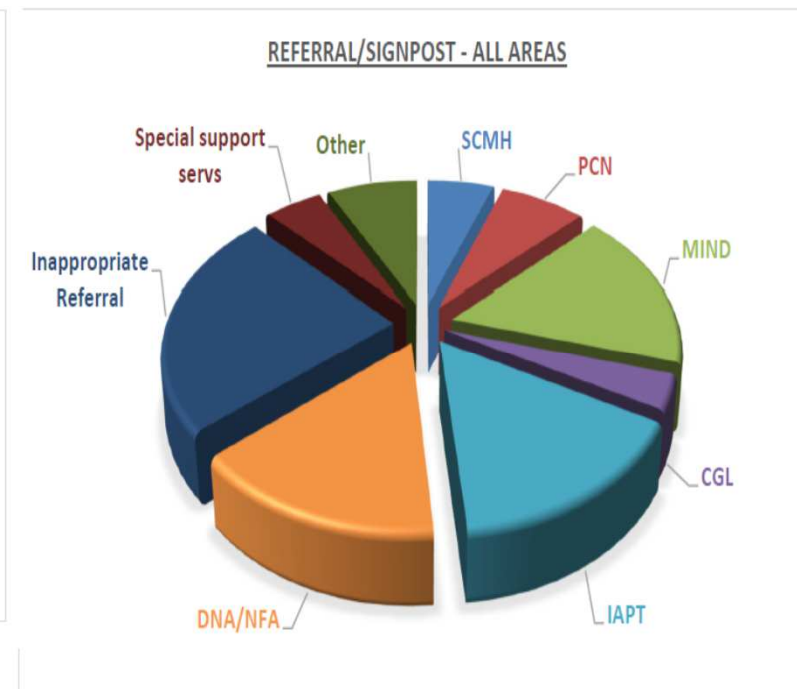
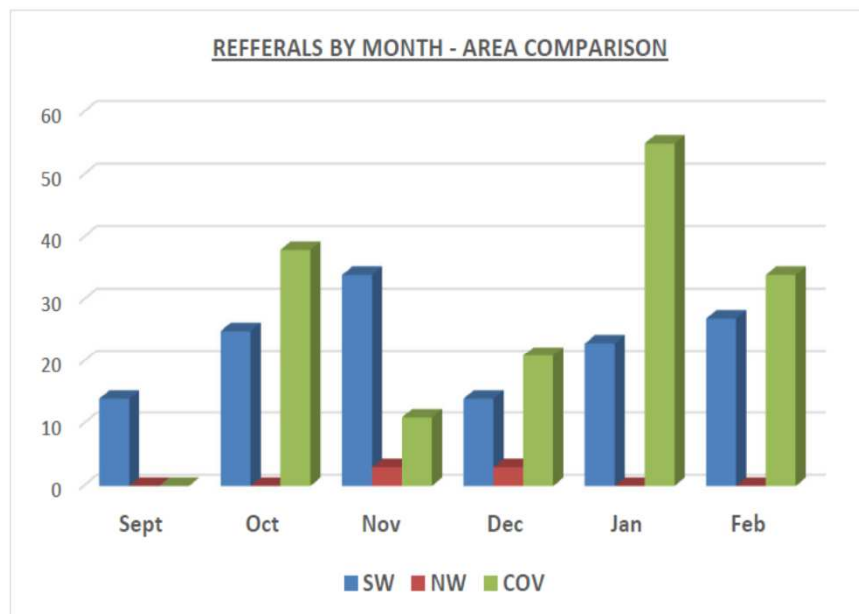
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Value



## Evaluation of Liaison Worker



- In Sowe Valley Liaison worker did 80% direct patient intervention (the role described for ARRS) and 20% liaison about patients already open to CWPT.
- In 19/20 in Sowe Valley referrals have fallen by 4.4% compared to a fall of 20.1% for the other Coventry PCNs
- In Leamington the referrals have fallen by 42.5% in Leamington South and 6.9% in Leamington North compared to an increase in referrals of 4.5% for the other South Warwickshire PCNs

## Mental Health Practitioner Role

- Indicative Agenda for Change Band 5 / 6 / 7 / 8a (depending on the individual registered clinician providing the service)
- Employed and provided under a **local service agreement** by the PCN's local provider of community mental health services
- Any registered clinical role operating at Agenda for Change Band 5 or above including, but not limited to:
  - Community Psychiatric Nurse
  - Clinical Psychologist
  - Mental Health Occupational Therapist
  - other clinical registered role (as agreed between the PCN and community mental health service provider)
- **In addition** to the adult and older adults' role, PCNs may also choose to embed a children and young people practitioner with the agreement of the mental health provider (funded on the same joint basis)
- Entitlement to increase to 2 WTE in 2022/23 and 3 WTE by 2023/24 (double if over 100,000 – 63 wte across Coventry and Warwickshire by 23/24)
- 50:50 joint funding between PCN (ARRS) and provider
- Workshop on 27<sup>th</sup> May 3pm to 5pm on Primary Care Mental Health and ARRS

## ... and look forward to the future ...

*Statement from Claire Handy, Lived by Experience Representative –  
CMH Transformation Board Member*

*I am truly excited to be helping with this transformation project; it has covered all the problems I encountered when I was within mental health services myself. Instead of being compartmentalised by a diagnosis and cared for using models that very few people fitted, with life outside of mental health being dealt with as other problems entirely, this holistic approach and the focus on the patient as being their own expert is an amazing change.*

*Bringing carers and the wider community into the patient's care allows for a broader view of what is happening for that person and may offer a glimpse into other support that under the current system might be missed. I look forward to helping to bring about a new service that will allow the service user to feel valued for who they are, rather than being viewed in the lens of 'what' they are, and be supported in all areas they are struggling with; a service that will respond to the service user in the right place at the right time with the right intervention, and will support them with care and empathy as we walk alongside them in their own journey back to well health. It will make a difference to so many people's lives – and ripple out to many more.*

*As I said. Truly exciting!*



# Warwickshire Covid-19 Mental Wellbeing & Resilience Fund

Paula Mawson - Strategy and Commissioning  
Manager (Health, Wellbeing & Self-Care)

Emily van de Venter – Associate Director of  
Public Health



# Improving Mental Wellbeing in Warwickshire

- The Council's Covid-19 Recovery and Restoration plan includes an explicit priority to support the mental health of Warwickshire's residents.
- The Warwickshire Covid-19 Mental Wellbeing & Resilience Fund will provide grant funding to organisations to support Warwickshire resident's mental health and wellbeing both during and through the aftermath of the Covid-19 pandemic and respond to the predicted mental health and LSI surge.
  - Eligible applicants: voluntary & community sector organisations, parish and town councils and small to medium businesses
- ▶ The Resilience Fund forms a key part of the £1.34m of WCC Covid-19 monies allocated to mental health and wellbeing



# Funding available

- The overall total value of the fund is **£750,000** of which £250,000 is provisionally allocated for capital spending.
- The fund was open to applications for projects which require investment under three thresholds.
  - Threshold 1: Minimum of £6,000 to a maximum of £10,000
  - Threshold 2: Over £10,000 to a maximum of £25,000
  - Threshold 3: Over £25,000 to a maximum of £50,000
- This is one off funding which must be spent within 12 months of the funding award date.



# Intended outcomes and benefits

The **Warwickshire Covid-19 Mental Wellbeing & Resilience Fund** is designed to support community and business projects and initiatives at a local level that aim to achieve the following:

- ▶ **Improve the mental health, wellbeing, and resilience of residents** and local workforces by responding to the pressures of the pandemic.
- ▶ Provide **support to residents with mental health concerns**, whether this is a pre-existing mental health diagnosis, that has been exacerbated due to the pandemic, mental health illness from a Covid-19 diagnosis, or providing support for those with new and emerging needs as a result of the pandemic.
- ▶ Provide a range of **support encouraging residents to return/begin to engage with activities** which support the development of resilience and wellbeing and establishing a sense of **social connection**
- ▶ Create **safe spaces in the community** where people experiencing mental distress whilst out in the community can go to for a period to unwind, de-escalate and feel safe before they continue with their activities.
- ▶ Create physical environments where people can **reconnect with nature** and enhance their sense of wellbeing.
- ▶ Support specific **trauma, suicide, self-harm prevention and bereavement interventions**.
- ▶ Work in **partnership with people with lived experience** in the design and delivery of the support.





# Warwickshire Covid-19 Mental Wellbeing & Resilience Fund

- Two virtual meet the funder events took place in May to promote the fund
  - One aimed at the community and voluntary sector, supported by WCAVA and one aimed at small to medium businesses, supported by WCC Skills Hub which saw attendance of 85 and 21 respectively
- The funding was launched Friday 21 May and closed Monday 21 June at noon.
- **134** expression of interest were made and **67** applications submitted
- A scoring panel of 8 county council and external partners will evaluate the applications
- Evaluation of applications will commence w/c 28 June until 22 July





# WELLBEING FOR LIFE 2021/22

**Our Vision:** Making self help the first and instinctive choice for Coventry & Warwickshire residents to improve their physical and mental wellbeing and to stay well

**Our Aims:** Supporting the region to work towards a healthier lifestyle and to be a healthy place to live, work and visit. To significantly raise the profile of the opportunities available to residents and reduce health inequalities by providing better access to information, self help & support around the key areas of obesity/mental health

## Our programmes

### Promote Thrive at Work

Advocating a change to health inequalities through employers, the Call To Action and Hepp programme

Maintaining the Wellbeing4Life website, a place to celebrate and share personal stories, provide signposting information, resources and community events

Supporting the Healthy Weight programme within primary schools

Improving mental wellbeing particularly through promoting and embedding the 5 ways to wellbeing

Create and support a 'Wellbeing at Work' forum

## Local Ownership

Sign up to Thrive at Work and achieve accreditation

Make a commitment to the Call to Action

Support national/local wellbeing events using Wellbeing for Life branding and resources

Get involved in Wellbeing for Life festivals/roadshows

Primary schools engage with the Sugarsmart initiative to support the Healthy Weight in Schools programme

Workplaces join and participate in the 'Wellbeing at Work' Forum

## Key Outcomes

Increase in number of contacts to commissioned services (weight management, mental health) – or decrease in some areas.

Increase in 'at risk' groups accessing health checks/lifestyle services

Number of employers making a commitment to the Call to Action and sharing changes made/benefits found

Employers signed up and achieving Thrive at Work accreditation

Number of Primary schools signed to and engaging with Sugarsmart

[www.wellbeing4life.co.uk](http://www.wellbeing4life.co.uk)

## Wellbeing for Life so far

- Launched with Active April calendar and photo competition
- W4L steering group
- Involved in Health Equity Partnership Project (HEPP)
- Events - Changing Workplaces (Call To Action on tackling health inequalities in the workplace)
  - Planned events Godiva, Sportsfest, Market day across Warks, Thrive in Schools
- Digital Inclusion project
- Workplace Wellbeing Forum
- Website and social media
- Piloting micro-business support for workplace wellbeing accreditation
- 'Start well, Live Well, Age Well' (Name to be confirmed) W4L map of services/5 ways to wellbeing promotion



@Wellbeing4\_life

[www.wellbeing4life.co.uk](http://www.wellbeing4life.co.uk)



# Warwickshire Creative Health programmes

*'Creative Health: The Arts for Health and Wellbeing'* report, published by the All-Party Parliamentary Group in July 2017 concluded the arts can: help keep us well, aid our recovery and support longer lives better lived help meet major challenges facing health and social care: ageing, long-term conditions, loneliness and mental health.

Warwickshire County Council are commissioning a suite of six creative health programmes, using the arts to promote social connectivity and improve wellbeing across the lifecourse.

Funding from Warwickshire County Council Early Intervention and Prevention and Community Capacity fund £300,000 a year for 2.5 years.

An evaluation framework has been created in collaboration with Coventry University. All six programmes will be evaluated over the 2.5 years.



# Warwickshire Creative Health programmes

**Arts on Referral for Adults (Arty-Folks):** to support wellbeing for adults in Warwickshire with mild to moderate mental health issues using a variety of art courses. The art programmes aim to bring people together to share life experience and through the creative process strengthen identity and control over their lives and futures.

**Arts and Nature (Escape Arts):** a range of 6-week programmes for adults with mild to moderate mental health challenges and those wanting to support their wellbeing, to improve engagement with the natural environment and wellbeing of residents.

**Singing for Lung Health (Breathe Arts Health Research):** 10-week programmes for adults with chronic respiratory conditions. This will consist of courses of group-based sessions led by an experienced singing specialist.



# Warwickshire Creative Health programmes

## **Arts on Referral for Children and Young People (Barnardo's and Arts Connect):**

a range of 6-week creative arts programmes for children and young people with mild to moderate mental health challenges and those wanting to support their wellbeing.

**Arts on Referral for Parents and Infants (Contract starts 1<sup>st</sup> Aug 2021):** A range of 6 week programmes will be developed for new parents who may be experiencing mental health challenges. The aim is to reduce the risk of poor mental health outcomes for parents and improve long-term outcomes for children by improving the development of secure attachment relationships within the 'Critical 1001 Days'.

## **Dementia Arts Programme (Contract starts 1<sup>st</sup> Aug 2021):**

A range of 6-week creative arts programmes within the community, selected care homes and inpatient wards. Activities are for those living in with Dementia and their carers.

